

2024 EMAC Boys Meet

May 16, 2024 Hamline University, Klas Field St. Paul, MN

1. Math & Science Academy 59.5
2. Avail Academy 44.5
3. Liberty Classical Academy 24
4. Hiawatha Collegiate High School 13
5. Twin Cities Academy 12

Boys Varsity 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Malcolm Lewis Math & Science Academy 11.23a
- 2 Da'Mari Smith Twin Cities Academy/Gre 11.44a
- 3 Everett Gilbert Liberty Classical Acade 11.57a
- 4 Colin Anderson Liberty Classical Acade 11.63a
- 5 Alijah Brann Twin Cities Academy/Gre 11.98a
- 6 Joshua Quito Espinoza Hiawatha Collegiate Hig 12.00a
- 7 Steffanos Abraha Twin Cities Academy/Gre 12.11a
- 8 Ben Montag Liberty Classical Acade 12.22a
- 9 Keng Vang Hmong College Prep Acad 12.29a
- 10 Caleb Sackitey Math & Science Academy 12.48a
- 11 Chris Davis Avail Academy 12.58a
- 12 Eduardo Flores Gonzalez Hiawatha Collegiate Hig 12.79a
- 13 Stephen Yassa Math & Science Academy 12.80a
- 14 David Sanchez-Vargas Hiawatha Collegiate Hig 12.88a
- 15 Cheemoua Yang Hmong College Prep Acad 14.28a
- 16 Luke Vue Hmong College Prep Acad 16.37a

Boys Varsity 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Malcolm Lewis Math & Science Academy 22.76a
- 2 Da'Mari Smith Twin Cities Academy/Gre 23.42a
- 3 Everett Gilbert Liberty Classical Acade 23.55a
- 4 Salviya Balami Math & Science Academy 24.28a
- 5 Staffanos Abraha Twin Cities Academy/Gre 24.88a
- 6 Jeremy Hernandez Vargas Hiawatha Collegiate Hig 25.34a
- 7 Ben Montag Liberty Classical Acade 25.37a
- 8 Jean-Charles Sawaya Math & Science Academy 25.66a
- 9 Chris Davis Avail Academy 25.89a
- 10 Matthew Boog Liberty Classical Acade 26.04a
- 11 Eduardo Flores Gonzalez Hiawatha Collegiate Hig 26.12a
- 12 Christian Chuqui Vivar Hiawatha Collegiate Hig 29.24a
- Alijah Brann Twin Cities Academy/Gre NT

Boys Varsity 400 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Lincoln Bock Avail Academy 54.58a
- 2 Sebastian Sanchez Solis Hiawatha Collegiate Hig 55.38a
- 3 Zachariah Schaap Avail Academy 55.97a
- 4 Logan Moche Math & Science Academy 56.82a
- 5 Anderson Castro-Lopez Twin Cities Academy/Gre 59.27a
- 6 Jamal Randle Twin Cities Academy/Gre 59.49a

- 7 Yohualli Martinez Pineda Hiawatha Collegiate Hig 1:00.20a
- 8 Stephen Yassa Math & Science Academy 1:01.78a
- 9 Caleb Sackitey Math & Science Academy 1:02.82a
- 10 Mason Colacicco Avail Academy 1:03.86a
- 11 Ulises Tablas Hiawatha Collegiate Hig 1:05.99a
- 12 Liam Shaffer Liberty Classical Acade 1:06.71a
- 13 Thomas Kanowitz Liberty Classical Acade 1:11.29a
- Nathanael Rahberg Twin Cities Academy/Gre NT

Boys Varsity 800 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Justin Kroeze Avail Academy 2:06.88a
- 2 Anderson Schuttinga Avail Academy 2:08.08a
- 3 Ian Dugas Math & Science Academy 2:09.41a
- 4 Dennys Pacheco Hiawatha Collegiate Hig 2:17.86a
- 5 Fernando Tellez Mercado Hiawatha Collegiate Hig 2:19.15a
- 6 Rodriguez Lagarda, n Hiawatha Collegiate Hig 2:20.45a
- 7 Anderson Castro-Lopez Twin Cities Academy/Gre 2:21.41a
- 8 Alex Nyenhuis Math & Science Academy 2:25.20a
- 9 Jamal Randle Twin Cities Academy/Gre 2:31.81a
- 10 Markos Yiangou Math & Science Academy 2:33.74a
- 11 Shepard Oberg Twin Cities Academy/Gre 2:43.20a
- 12 Will Welch Liberty Classical Acade 2:46.32a
- 13 Shee Soe Hmong College Prep Acad 2:47.29a
- 14 Nels Zenner Liberty Classical Acade 2:48.62a
- Cade Mandell Liberty Classical Acade NT

Boys Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Justin Kroeze Avail Academy 4:28.56a
- 2 Liam Caldwell Math & Science Academy 4:34.40a
- 3 Ben Wurst Liberty Classical Acade 4:49.94a
- 4 Anderson Schuttinga Avail Academy 4:56.71a
- 5 Isaac Bravo Colio Hiawatha Collegiate Hig 5:38.61a
- 6 Eh Kbaw Soe Twin Cities Academy/Gre 5:47.80a
- 7 Ben Smitley Math & Science Academy 5:51.72a
- 8 Lennyn Naula Hiawatha Collegiate Hig 5:51.96a
- 9 Nels Zenner Liberty Classical Acade 5:52.00a
- 10 Josiah Bolton Avail Academy 5:55.96a
- 11 Will Welch Liberty Classical Acade 5:58.49a
- 12 Jovany Ruiz Valencia Twin Cities Academy/Gre 6:00.12a
- 13 Eshan Katare Math & Science Academy 6:04.07a
- 14 Alexander Jacobson Twin Cities Academy/Gre 6:09.72a
- Daniel Martinez Hiawatha Collegiate Hig NT

Boys Varsity 3200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Liam Caldwell Math & Science Academy 10:37.82a
- 2 Ben Wurst Liberty Classical Acade 10:44.22a
- 3 Lalit Reddy Math & Science Academy 11:08.35a

- 4 Isaac Bravo Colio Hiawatha Collegiate Hig 12:05.13a
- 5 Erick Iguanero Hiawatha Collegiate Hig 13:25.53a
- 6 Eh Kbaw Soe Twin Cities Academy/Gre 13:37.80a
- 7 Aashish Valluri Math & Science Academy 14:00.27a
- 8 Jovany Ruiz Valencia Twin Cities Academy/Gre 14:04.68a

Boys Varsity 110m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Samuel Ellingson Math & Science Academy 16.34a
- 2 Josiah Lawson Math & Science Academy 18.58a
- 3 Ernesto Medina Ramirez Hiawatha Collegiate Hig 19.64a
- 4 Jackson Eide Math & Science Academy 19.70a
- 5 Oskar Riemann Twin Cities Academy/Gre 20.62a
- 6 Hsu Shue Twin Cities Academy/Gre 21.48a
- 7 Emmett Goss Twin Cities Academy/Gre 22.15a
- 8 Jeff Xiong Hmong College Prep Acad 22.18a

Boys Varsity 300m Hurdles Finals

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Athlete Yr Team Mark Wind

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- 1 Josiah Lawson Math & Science Academy 44.97a
- 2 Ernesto Medina Ramirez Hiawatha Collegiate Hig 46.06a
- 3 Jackson Eide Math & Science Academy 46.72a
- 4 Samuel Ellingson Math & Science Academy 46.81a
- 5 Oskar Riemann Twin Cities Academy/Gre 48.46a
- 6 Hsu Shue Twin Cities Academy/Gre 50.56a
- 7 Gabe Condiff Avail Academy 52.35a
- 8 Emmett Goss Twin Cities Academy/Gre 52.52a
- 9 David Sanchez-Vargas Hiawatha Collegiate Hig 55.00a
- 10 Christian Chuqui Vivar Hiawatha Collegiate Hig 59.53a

Boys Varsity 4x100m Relay Finals

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Team Time

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- 1 Liberty Classical Academy 46.16a
- 1) Ben Montag 2) Colin Anderson
- 3) Will Smith 4) Everett Gilbert
- 2 Math & Science Academy 47.35a
- 1) Jean-Charles Sawaya 2) Salviya Balami
- 3) Brody Koepke 4) Effah-Appiah Kyerermeh
- 3 Twin Cities Academy/Great River 48.43a
- 1) Staffanos Abraha 2) Dacarri Lowery
- 3) Alijah Brann 4) Da'Mari Smith
- 4 Hiawatha Collegiate High School 49.40a
- 1) Eduardo Flores Gonzalez 2) Joshua Quito Espinoza
- 3) Ulises Tablas 4) Hernandez Varg
- 5 Hmong College Prep Academy 58.27a
- 1) Htoo Htoo 2) Illidan Lee
- 3) Corundum Klo 4) Luke Lee

Boys Varsity 4x200m Relay Finals

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Team Time

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- 1 Math & Science Academy 1:38.64a
- 1) Jean-Charles Sawaya 2) Salviya Balami
- 3) Brody Koepke 4) Effah-Appiah Kyerermeh
- 2 Avail Academy 1:39.96a
- 1) Lincoln Bock 2) Caedmon Mick
- 3) Zachariah Schaap 4) Elijah Peterson
- 3 Twin Cities Academy/Great River 1:51.34a
- 1) Staffanos Abraha 2) Dacarri Lowery
- 3) Alijah Brann 4) Da'Mari Smith
- Liberty Classical Academy DQ
- 1) Lucas Heu 2) Zack Smith
- 3) Liam Shaffer 4) Matthew Boog
- Hiawatha Collegiate High School DQ
- 1) Daniel Martinez 2) Sebastian Sanchez Solis
- 3) Hernandez Varg 4) Joshua Quito Espinoza

Boys Varsity 4x400m Relay Finals

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Team Time

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- 1 Avail Academy 3:42.07a
- 1) Lincoln Bock 2) Zachariah Schaap
- 3) Justin Kroeze 4) Anderson Schuttinga
- 2 Math & Science Academy 3:43.18a
- 1) Jackson Eide 2) Ian Dugas
- 3) Logan Moche 4) Effah-Appiah Kyerermeh
- 3 Hiawatha Collegiate High School 3:51.93a
- 4 Twin Cities Academy/Great River 4:05.03a
- 1) Nathanael Rahberg 2) Randy Carter Jr
- 3) Oskar Riemann 4) Jamal Randle

Boys Varsity 4x800m Relay Finals

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Team Time

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- 1 Hiawatha Collegiate High School 9:17.66a
- 2 Avail Academy 9:58.59a
- 1) Elijah Peterson 2) Mason Colacicco
- 3) Josiah Bolton 4) Caedmon Mick
- 3 Math & Science Academy 9:59.85a
- 1) Alex Nyenhuis 2) Markos Yiangou
- 3) Anish Valluri 4) Sundar Singireddy
- 4 Twin Cities Academy/Great River 10:06.38a

Boys Varsity Shot Put Finals

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Athlete Yr Team Mark

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- 1 Roman Bock Avail Academy 38-11.50
- 2 Princeton Normil Twin Cities Academy/Grea 37-11
- 3 Kingston Normil Twin Cities Academy/Grea 37-2
- 4 Aaron Lucio Math & Science Academy 32-3
- 5 JR Lutz Math & Science Academy 31-3
- 6 Jomi Diji Liberty Classical Academ 28-9
- 7 Ulises Tablas Hiawatha Collegiate High 27-7
- 8 Will Smith Liberty Classical Academ 27-0
- 9 Aashish Valluri Math & Science Academy 25-0
- 10 Zack Smith Liberty Classical Academ 22-7

11 Christian Chuqui Vivar Hiawatha Collegiate High 20-0.50
Jeremy Hernandez Vargas Hiawatha Collegiate High NM
Ramiro Quintanilla Twin Cities Academy/Grea NM

Boys Varsity Discus Finals

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Athlete Yr Team Mark

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- 1 Roman Bock Avail Academy 125-4
 - 2 Johann-Pick Akyigyina Math & Science Academy 102-5
 - 3 Aaron Lucio Math & Science Academy 101-7
 - 4 Gabe Condiff Avail Academy 97-5
 - 5 JR Lutz Math & Science Academy 94-8
 - 6 Will Smith Liberty Classical Academ 89-9
 - 7 Ernesto Medina Ramirez Hiawatha Collegiate High 84-1
 - 8 Peter Chaple Twin Cities Academy/Grea 73-10
 - 9 Jaeden Ellis Twin Cities Academy/Grea 71-11
 - 10 Jomi Diji Liberty Classical Academ 68-2
 - 11 Ulises Tablas Hiawatha Collegiate High 66-9
 - 12 Will Welch Liberty Classical Academ 59-9
 - 13 Allan Naula Loja Hiawatha Collegiate High 36-6
- Ramiro Quintanilla Twin Cities Academy/Grea NM

Boys Varsity High Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Everett Gilbert Liberty Classical Academ 5-10
 - 2 Lincoln Bock Avail Academy 5-6
 - 5 Bhanu Kousik Kankanala Math & Science Academy 5-2
 - 6 Germany Garcia Twin Cities Academy/Grea 5-0
 - 6 Brody Koepke Math & Science Academy 5-0
 - 8 Dennys Pacheco Hiawatha Collegiate High 4-6
 - 3 Samuel Ellingson Math & Science Academy .5
 - 3 Anderson Schuttinga Avail Academy .5
- Cade Mandell Liberty Classical Academ NH
Rodriguez Lagarda, n Hiawatha Collegiate High NH

Boys Varsity Long Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Malcolm Lewis Math & Science Academy 20-5.25
 - 2 Colin Anderson Liberty Classical Academ 20-2.50
 - 3 Ebere Amadi Math & Science Academy 18-6.25
 - 4 Hsu Shue Twin Cities Academy/Grea 17-10.25
 - 5 Salviya Balami Math & Science Academy 17-8
 - 6 Ben Montag Liberty Classical Academ 17-4.25
 - 7 Dennys Pacheco Hiawatha Collegiate High 16-5
 - 8 Eh Thaw Hmong College Prep Acade 16-0.75
 - 9 Chris Davis Avail Academy 15-10
 - 10 Germany Garcia Twin Cities Academy/Grea 15-0.50
 - 11 Emilio Avina Twin Cities Academy/Grea 14-10
 - 12 Daniel Martinez Hiawatha Collegiate High 14-9
 - 13 Josiah Bolton Avail Academy 13-8.50
 - 14 Lucas Heu Liberty Classical Academ 13-7.75
- Joshua Quito Espinoza Hiawatha Collegiate High NM

Boys Varsity Triple Jump Finals

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Athlete Yr Team Mark Wind

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- 1 Colin Anderson Liberty Classical Academ 40-5
 - 2 Ebere Amadi Math & Science Academy 35-10
 - 3 Mason Colacicco Avail Academy 35-4
 - 4 Rodriguez Lagarda, n Hiawatha Collegiate High 35-3
 - 5 Hsu Shue Twin Cities Academy/Grea 35-2
 - 6 Johann-Pick Akyigyina Math & Science Academy 33-5
 - 7 Caleb Boudjouk Math & Science Academy 30-0
 - 8 Sebastian Sanchez Solis Hiawatha Collegiate High 27-3
 - 9 Eduardo Flores Gonzalez Hiawatha Collegiate High 21-0
- Liam Shaffer Liberty Classical Academ NM